

BODY TREATMENTS

Delux back exfoliation 15/25 min 13/32 €

Classic massage (back / feet /head) 20 min 27 €

A la Carte massage 50/80 min 49/72 €

Aroma massage 50 min 49 €

Aroma massage combines the healing touch of a massage with the therapeutic effect of essential oils from plants.

Slimming body massage 20/50 min 27/49 €

The treatment stimulates metabolism, helps to drain waste products from the body and reduces cellulite.

Chocolate massage 20/50 min 29/49 €

Chocolate triggers the release of happiness hormones! A relaxing chocolate massage relieves stress and has a calming effect. The massage moisturizes and nourishes the skin and improves metabolism.

Honey massage 50/65 min 45/65 €

Honey massage is an ancient Tibetan therapy, where the honey absorbed through the skin delivers its healing powers. In addition to improving physical fitness and metabolism, honey massage also clears the energy channels, stimulates digestion and absorption of nutrients, while trimming the skin.

Deep moisturizing massage with shea butter 20/50 min 29/51 €

Effectively moisturizing and nourishing body massage with shea butter.

Lymphatic massage to boost metabolism 50 min 49 €

The gentle massage stimulates lymph flow and improves drainage of waste products from the body. Relaxes and relieves muscle tension, has positive effect in case of swelling, circulatory disorders and metabolic diseases.

Foot sole reflexology 40 min 37 €

Reflexology or zone therapy affects all organs through the nervous system, improving thereby the functioning of all internal organs. After the massage your feet and the whole body will feel light, your overall wellbeing will improve, you will feel no stress and have calmer sleep.

Treatment for tired feet 40 min 39 €

Exfoliation, relaxing massage and mask for tired and swollen feet. The treatment improves circulation and reduces swelling. The treatment does not include pedicure.

Body massage with magnesium oil 20/50 min 29/52 €

Magnesium deficiency causes tiredness, foot cramps, bad sleep, headaches and high blood pressure. Scientific research has proven that magnesium is absorbed through the skin up to 10 times faster, helping to alleviate several health issues. On top of that, magnesium makes the skin nicely soft and silky.

Exfoliating and moisturizing body treatment 90 min 84 €

A whole body exfoliation with an aromatic exfoliator is followed by a classical massage.

Japanese Hanakasumi + foot sole massage 70 min 74 €

The regenerating and nourishing body ritual is inspired by Japanese traditions. At the beginning of the treatment, a cherry blossom and rice exfoliator is applied to the whole body and then removed with soft scrubbing towels. Then follows a full body massage with shea butter.

Oriental body treatment 50/80 min 54/78 €

A relaxing body treatment in the hamam style, inspired by the ancestral beauty rituals of the Orient. The exfoliation is carried out with an enzymatic exfoliation gel and a special cleaning hand-made terracotta stone. Warm towels and relaxing reshaping massage movements make you feel nicely relaxed. Moisturizing and nourishing your skin, relaxing your mind.

Hawaiian Lomi-Lomi massage

65 min

69 €

The deeply relaxing Lomi-Lomi massage originates from the ancient temples of the Hawaiian islands and is one of the most mysterious massages, resulting in the recuperation of the body in physical, emotional and mental level. The massage makes the energy flow freely in the body, contributing to the self-healing of the body and giving you the feeling of being filled with love. The massage is highly suitable for weight loss.

Indian facial and head massage

20 min

35 €

The Indian head massage helps to relax muscles and tension, accelerates metabolism, removes waste products from tissues, improves sleep and concentration. For better relaxation, a head massage is combined with facial massage and a moisturizing face mask.

Indian body massage

50 min

52 €

The massage, which boosts the lymphatic system and circulation, results in improved metabolism and faster drainage of waste products from the body. The massage stimulates circulation, calms the nervous system and stimulates tissues. In addition to the relaxing effect, the Abhyanga massage is highly suitable for dry and very dry skin.

Indian body massage + facial and head massage

80 min

74 €